

Personality Workshop – Students

The purpose of this exercise is to learn more about each other and learn how to help and enjoy different kinds of people. Everyone begin by reading the paragraphs describing his own temperament. Then each person should respond to these questions. Be as specific as possible. Illustrate your points with examples as much as possible.

1. How well did this describe you?
 - a. Do you think you are unlike this in any way?
 - b. What are some situations where you exhibited this behavior?
 - c. Do the rest of you think this description of him is accurate? Give examples.
2. What motivates you? What makes you feel like getting involved? What encourages you to stay involved? Give examples.
 - a. Do the rest of you see this motivational pattern in him? Give examples.
3. What sort of things do you like to do? What are your strengths? Give examples.
 - a. Have the rest of you seen these strengths in this person? If not, why not? Give examples.
 - b. Have you done these sorts of things in RUF? Give examples.
 - c. What roles in a group are most suited to you?
 - d. What roles in RUF appeal to you?
4. Where are your weaknesses? Give examples.
 - a. Have the rest of you seen these weaknesses in this person? Give examples.
 - b. Have you done these sorts of things in RUF? Give examples.
 - c. How did it go? Were you disappointed, frustrated, or angry with the experience?
 - d. What have you done to improve yourself in these areas?
 - e. How can the rest of us help this person improve in his weak areas? Give examples.

After you have discussed each person in this way, go around again with these questions.

5. What sort of people do you naturally work well with? Give examples.
 - a. Have you had opportunity to work with such people in RUF? Give examples.
6. What sort of people naturally complement you? What sort of people are strong where you are weak, or weak where you are strong?
 - a. Have you had opportunity to work with such people in RUF?
 - b. How did it go? Did you get along, or did you conflict? Give examples.
7. What sort of people annoy you, or are difficult for you to get along with?
 - a. Have you had the experience of trying to work with such people in RUF? Give examples.
 - b. What can you do to overcome this tension?
8. How can we help this person fit better into the team? Give examples.

Remember, the point is not to identify your personality so that you may excuse your weaknesses. It is to learn about each other so we may work well together and enjoy each others' differences. Sometimes that will mean doing something you are weak at for the sake of the group.